

Lake Conference Championships - Thursday, October 12, 20

Gale Woods Farm - 50 degrees, light rain, 15-20mph East wind (Perfect!)

Varsity Race - 1st Place (35 pts.)

Runner	1K	2K	3K	4K	Finish	Splits				
1 Will Weber	3:12	6:22	9:27	12:35	15:25.0	3:12	3:10	3:05	3:08	2:50
3 Daniel McCollor	3:12	6:22	9:27	12:35	15:34.7	3:12	3:10	3:05	3:08	3:00
4 Tyler Kissell	3:12	6:22	9:28	12:36	15:38.6	3:12	3:10	3:06	3:08	3:02
10 Hayes McMillan	3:12	6:27	9:42	13:06	16:05.4	3:12	3:15	3:15	3:24	2:59
17 Alex Haag	3:19	6:44	10:03	13:27	16:30.6	3:19	3:25	3:19	3:24	3:03
19 Daniel Salatino	3:19	6:42	10:00	13:22	16:33.0	3:19	3:23	3:18	3:22	3:11
22 Hudson McMillan	3:21	6:47	10:02	13:28	16:38.3	3:21	3:26	3:15	3:26	3:10
26 Parker Dietrick	3:19	6:42	10:04	13:34	16:44.8	3:19	3:23	3:22	3:30	3:11
27 Matthew Adams	3:20	6:47	10:12	13:44	16:46.9	3:20	3:27	3:25	3:32	3:13
35 Connor Viera	3:20	6:47	10:12	13:44	16:59.9	3:20	3:27	3:25	3:32	3:16
39 Will Chabot	3:21	6:49	10:15	13:48	17:08.1	3:21	3:28	3:26	3:33	3:20
60 Evan Young	3:22	6:50	10:20	14:26	17:57.4	3:22	3:28	3:30	4:06	3:31

68 finishers

Junior Varsity Race - 1st Place (15 pts.)

Runner	1K	2K	3K	4K	Finish	Splits				
1 Abdirisq Robleh	3:20	6:55	10:21	13:54	17:09.6	3:20	3:35	3:26	3:33	3:15
2 Jack Kahlstorf	3:22	6:57	10:28	14:03	17:09.6	3:22	3:35	3:31	3:35	3:03
3 Robert Marshall	3:20	6:51	10:19	13:51	17:11.9	3:20	3:31	3:28	3:32	3:21
4 Ian Holst	3:22	6:56	10:23	13:58	17:13.8	3:22	3:34	3:27	3:35	3:16
5 Blake Knutson	3:22	6:57	10:28	14:03	17:17.6	3:22	3:35	3:31	3:35	3:14
6 Grant Chabot	3:22	6:59	10:26	14:03	17:18.2	3:22	3:37	3:27	3:37	3:15
8 Matthew Jenneke	3:22	6:57	10:27	14:02	17:22.1	3:22	3:35	3:30	3:35	3:20
9 Owen Horsley	3:22	6:57	10:29	14:08	17:26.7	3:22	3:35	3:32	3:39	3:18
10 Kevin Jarjoura	3:22	6:57	10:28	14:06	17:27.0	3:22	3:35	3:31	3:38	3:21
14 Elliot Williams	3:33	7:12	10:46	14:26	17:41.4	3:33	3:39	3:34	3:40	3:15
15 Aidric Pfeifer	3:33	7:12	10:48	14:26	17:44.5	3:33	3:39	3:36	3:38	3:18
16 Alex Blaha	3:33	7:13	10:48	14:26	17:48.8	3:33	3:40	3:35	3:38	3:23
18 Thomas Barrett	3:33	7:12	10:46	14:29	17:54.5	3:33	3:39	3:34	3:43	3:25
19 Liam Helm	3:33	7:14	10:49	14:29	17:55.7	3:33	3:41	3:35	3:40	3:26
23 Ryan Salatino	3:33	7:12	10:48	14:30	18:00.1	3:33	3:39	3:36	3:42	3:30
27 Tal Havelio	3:22	7:02	10:45	14:37	18:13.0	3:22	3:40	3:43	3:52	3:36
30 Hudson Pawlowski	3:43	7:36	11:18	15:04	18:19.3	3:43	3:53	3:42	3:46	3:15
35 Jack Berge	3:38	7:27	11:09	14:59	18:23.0	3:38	3:49	3:42	3:50	3:24
36 Lachlan Ruffing	3:48	7:36	11:20	15:07	18:23.1	3:48	3:48	3:44	3:47	3:16
42 Charlie Foss	3:37	7:21	11:03	14:51	18:27.5	3:37	3:44	3:42	3:48	3:36
43 Nolan Wandler	3:42	7:36	11:18	15:04	18:30.7	3:42	3:54	3:42	3:46	3:26
44 Nate Rahn	3:37	7:26	11:11	15:03	18:31.2	3:37	3:49	3:45	3:52	3:28
45 Thomas Berndt	3:43	7:36	11:20	15:07	18:32.7	3:43	3:53	3:44	3:47	3:25
48 Matthew Wang	3:40	7:30	11:15	15:07	18:38.0	3:40	3:50	3:45	3:52	3:31
58 Grant Pearson	3:44	7:41	11:35	15:30	18:49.3	3:44	3:57	3:54	3:55	3:19

